

EAST ANTRIM U3A SUMMER WORKSHOPS 2019

WORKSHOP	DATE	DURATION	FACILITATOR	Cost to Participant	
Parchment Craft an introduction*	Thursday 18 July	10.00 – 4.00	Karen Shaw	£35	Learn a new paper craft with Karen Shaw
Jewellery Making	Monday 22 July	10.00 – 4.00	Jennifer Baker Karen Shaw	£17	Make some nice items of jewellery
Bridge Tournament	Tuesday 23 July	afternoon	Moirra Foster		
Irish	Wednesday 24 July	10 am – 1 pm	Bill Pollock	£10	Fun and music
Colour Pencil Art	Thursday 25 July	10.00 – 4.00	Karen Shaw	£7	How to use blendable colour pencils to create art
Crafts (Nuno felting)	Friday 26 July	10.00 – 4.00	Annabella Noviello	£28	Create an item (e.g. scarf) by integrating felt and a fabric
Esperanto	Monday 29 July and Wednesday 31 July	10.00-4.00	John Murray	£7	Learn an international auxiliary language
Canoeing	Monday 29 July	Morning	John Cunningham	£7	Taster session for those who have not tried canoeing
Family History	Thursday 1 August	½ hour sessions	David Nicholl	£5	Start to learn your family history
Laughter Yoga	Tuesday 30 July Tuesday 6 August	10 am – 11 am	Sarah Leavey	£5	Some Yoga and lots of laughter
German	Wednesday 7 August	10.00 – 4.00	Hilary Reid Gundi Cahill	£10	Holiday German
Day with Author	Thursday 8 August	10.00 – 4.00	Ann McClinton	£3	Gill Magill from Larne, writes intriguing crime novels
First Aid	Friday 9 August	2 x 2 hour sessions	Red Cross	£3	Basic first aid
Textiles	Monday 12 August	10.00 – 4.00	Lorna McIlrath	£10	Applying fabric to make a jug or similar
Tai Chi	Tuesday 13 August	10.00 – 4.00	Jane Burke	£10	Learn the history of Tai Chi together with a few moves
Funky Flowers	Wednesday 14 August	10.00 – 4.00	Loiri Morea and Gardening Group	£10	Two different sessions: Fun day with flowers
Decopatch	Thursday 15 August	10.00 – 4.00	Jennifer Baker	£10	Decorating objects with pieces of paper & napkins to create something different.
Spanish	Monday 19 August	10.00 – 4.00	Encarnita Geddis	£10	Holiday Spanish

*regular Parchment craft classes will continue from Thursday 5 September 10.00-12.30