

GROUP ACTIVITY PROGRAMME: weekly in Nelson St unless stated otherwise.

DAY	GROUP	TIME	VENUE	REGULARITY
Monday	Family History	11.00-1.00		1 st Mon/month
	Spanish Intermediate	10.00-12.00		
	Gardening	10.30-12.30	Various	2 nd Mon/month
	Line Dancing*	10.30-11.30		not 1st Mon
	General Meeting	2.00-4.00	Joymount Hall	3 rd Mon/month
	Parchment Craft	11.30 - 1.00		2 nd & 4 th Mon
	Singing for Fun	2.00-3.30		
	Yoga*	3:00-4:00		6 weeks
Tuesday	Italian Beginners*	9.30-11.00		
	Tai Chi*	10.00-11.00		10 weeks
	Reading & Poetry	11.00-1.00		2 nd Tues/month
	German	11.15-12.45		
	Art Practical*	1.30-3.30		5 week sessions
	Bridge Improvers	1.45-3.45		
	Strollers	pm		
Wednesday	Bridge Club	10.30-1.00		
	French Beginners	12.30 - 2.00		
	French Improvers	2.00-3.30		
	Irish	2.00-4.00		
	Dining Club	pm	various	monthly
Thursday	Colour Pencil Art	10.30-12.00		
	Pottery	10.00-12.00	Whitehead	
	Italian Improvers*	11.00-1.00		
	Needle Natters	12.30-2.00		
	Folk & Country	2.15-4.00		
	Tai Chi 2*	2.00-3.00		10 weeks
	Tai Chi 3*	3.15-4.15		10 weeks
	Canoeing	Various	Inland Waters	
Friday	Scrabble & table games	10.30-12.30		
	Oil & Acrylic Painting	10.30-12.30		
	Spanish Beginners*	2.00 - 4.00		8 weeks
	Cryptic Crosswords	2.00 - 3.00		
	Walking (short)	am	Out & About	2 nd & 4 th Fri
	Walking (Long)	am	Out & About	3 rd Fri
	Canoeing	Various	Inland Waters	
	Quizzers	19:30	3rd Friday	
	Craft sessions	ad hoc		as announced
	Opera Shingleside	Various	Whitehead	As announced
	Gadabout	Various	Various	As announced

Programme subject to change. Please check information at General Meeting, speak to conveners, check the group page on the website or contact by telephone to confirm day, date & time if necessary. Contact name and number is on each group page.

*Paid for course.

Updated 20 May 2019